

Improvisation for Classical Musicians • Dr. Lin Foulk, Western Michigan University
Bibliography

Books and Articles

- Adolphe, Bruce. *What to Listen for in the World*. New York : Limelight Editions, 1996.
- Adolphe, Bruce. *The Mind's Ear: Exercises for Improving the Musical Imagination for Performers, Listeners and Composers*. St. Louis, MO : MMB Music, 1991.
- Agrell, Jeffrey. *Improvisation Games for Classical Musicians: 500+ Non-Jazz Games for Performers, Educators, and Everyone Else*. Chicago, IL : GIA Publications, 2008.
- Agrell, Jeffrey. *Improv Duets for Classical Musicians: A Concise Collection of Musical Games for Two Players*. Chicago, IL : GIA Publications, 2013.
- Agrell, Jeffrey. *Improv Games for One Player: A Very Concise Collection of Musical Games for One Classical Musician*. Chicago, IL : GIA Publications, 2010.
- Agrell, Jeffrey. *Improvised Chamber Music: Spontaneous Chamber Music Games for Four (or Three or Five) Players*. Chicago, IL : GIA Publications, 2013.
- Arye, Lane. *Unintentional Music: Releasing Your Deepest Creativity*. Charlottesville, VA : Hampton Roads Publishing Company, 2001.
- Azzara, Christopher and Richard Grunow. *Developing Musicianship Through Improvisation*. Chicago, IL : GIA Publications, 2006.
- Bailey, Derek. *Improvisation: Its Nature and Practice in Music*. Da Capo Press : United States, 1993.
- Bayles, David and Ted Orland. *Art & Fear: On the Perils (and Rewards) of Artmaking*. Santa Cruz, CA & Eugene, OR : The Image Continuum, 1993.
- Ben-Shahar, Tal. *The Pursuit of Perfect: How to Stop Chasing Perfection and Start Living a Richer, Happier Life*. New York : McGraw Hill, 2009.
- Benson, Bruce Ellis. *The Improvisation of Musical Dialogue: A Phenomenology of Music*. New York : Cambridge University Press, 2003.
- Berger, Dorita. *Toward the Zen of Performance: Music Improvisation Therapy for the Development of the Self-Confidence in the Performer*. St. Louis, MO : MMB Music, 1999.
- Berger, Gregor. *Ostinato: Chaconne, Passacaglia*. Berlin : Möseler Verlag

- Wolfenbüttel, 1957.
- Bergstroem-Nielsen, Carl. *Intuitive Music: A Mini-handbook*, 2009.
http://vbn.aau.dk/files/74098319/130220_inthb.pdf
- Berkowitz, Aaron L. *The Improvising Mind: Cognition and Creativity in the Musical Moment*. New York : Oxford University Press, 2010.
- Best, Harold M. "Music Curricula in the Future," *Arts Policy Review* November/December 1992.
- Borgo, David. *Sync or Swarm: Improvising Music in a Complex Age*. New York : Continuum, 2005.
- Boyce-Tillman, June. *Constructing Musical Healing: The Wounds that Sing*. Philadelphia, PA : Jessica Kingsley Publishers, 2000.
- Brockmann, Nicole M. *From Sight to Sound: Improvisational Games for Classical Musicians*. Bloomington : Indiana University Press, 2009.
- Brown, Brené. *The Gifts of Imperfection: Let Go of Who You Think You're Supposed to Be and Embrace Who You Are*. Center City, Minnesota : Hazelden, 2010.
- Buzzarté, Monique and Tom Bickley, ed. *Anthology of Essays on Deep Listening*. Kingston, NY : Deep Listening Publications, 2012.
- Cahn, William. *Creative Music Making*. New York, NY : Routledge, 2005.
- Campbell, Don and Alex Doman. *Healing at the Speed of Sound: How What We Hear Transforms Our Brains and Our Lives*. London : Plume, 2011.
- Campbell, Don. *Healing Yourself With Your Own Voice*. Boulder, CO : Sounds True, 2005.
- Catmull, Ed and Amy Wallace. *Creativity, Inc.: Overcoming the Unseen Forces That Stand in the Way of True Inspiration*. New York, NY : Random House, 2014.
- Chase, Mildred Portney. *Improvisation: Music from the Inside Out*. Berkeley, CA : Creative Arts Book Company, 1988.
- Coker, Jerry. *Improvising Jazz*. New York : Simon & Schuster, 1964.
- Colwell, Richard and Carol Richardson, eds. "Improvisation" in *The New Handbook of Research on Music Teaching and Learning*. Oxford ; New York : Oxford University Press, 2002.

- Dobbins, Bill. "Improvisation: An Essential Element of Musical Proficiency," *Music Educators Journal*, 66 (January 1980): 36-41.
- Dolan, David, John Sloboda, Henrik Jeldtoft Jensen, Björn Crüts, and Eugene Feygelson. "The Improvisatory Approach to Classical Music Performance: An Empirical Investigation Into Its Characteristics and Impact." *Music Performance Research*, Royal Northern College of Music, Vol. 6 (2013): 1-38.
- Dolan, David. "Back to the future: towards the revival of extemporization in classical music performance." in *The Reflective Conservatoire: Studies in Music Education*. London : Ashgate, 2005.
- Dworsky, Alan and Betsy Sansby. *A Rhythmic Vocabulary: A Musician's Guide to Understanding and Improvising with Rhythm*. Minnetonka, MN : Dancing Hands Music, 1997.
- Dworsky, Alan and Betsy Sansby. *How to Play Djembe: West African Rhythms for Beginners*. Minnetonka, MN : Dancing Hands Music, 2000.
- Eerikäinen, Tuomo, Jukka Harju, Tommi Hyytinen, and Tero Toivonen (The Golden Horns). *You Play!: 16 Play Along Pieces for One to Four Horns*. Helsinki, Finland : Blossari-Kustannus Edition, 2011.
- Elsila, Mikael. *Morphs: Etudes for Improvisation*. CafePress, 2005.
- Ferland, Ernest T. *Improvisation in Nine Centuries of Western Music: An Anthology with a Historical Introduction*. Köln : A. Volk Verlag, 1961.
- Ficociello, Audrey, ill. *Lullaby Baby: 50 Songs to Read, Sing, and Hear*. San Francisco, CA : Chronicle Books, 2010.
- Friesen, Eugene. *Improvisation for Classical Musicians: Strategies for Creativity and Expression*. Boston, MA : Berklee Press, 2012.
- Godin, Seth. *The Icarus Deception: How High Will You Fly?* New York, NY : Portfolio/Penguin, 2012.
- Godin, Seth. *Linchpin: Are You Indispensable?* New York, NY : Portfolio, 2010.
- Goehr, Lydia. *The Imaginary Museum of Musical Works: an Essay in the Philosophy of Music*. New York : Oxford University Press, 1992.
- Gold, Heloise. *Deeply Listening Body: a Handbook of Movement Exercises, Meditations, & Improvisation*. Kingston, NY : Deep Listening Publications, 2008.

- Goodchild, Chloë. *Your Naked Voice*. Boulder, CO : Sounds True, 2006.
- Goodman, Katie. *Improvisation for the Spirit: Live a More Creative, Spontaneous, and Courageous Life Using the Tools of Improv Comedy*. Naperville, IL : Sourcebooks, 2008.
- Gordon, Edwin. *Improvisation in the Music Classroom: Sequential Learning*. Chicago, IL : GIA Publications, 2003.
- Green, Barry. *Bringing Music to Life*. Chicago, Ill. : GIA Publications, 2009.
- Green, Lucy. *Hear, Listen, Play! How to Free Your Students' Aural, Improvisation, and Performance Skills*. New York : Oxford University Press, 2014.
- Higgins, Lee and Patricia Shehan Campbell. *Free to Be Musical: Group Improvisation in Music*. Lanham, MD : Rowman & Littlefield Education, 2010.
- Hall, Edward T. "Improvisation as an Acquired, Multilevel Process," *Ethnomusicology*, Vol. 36, No. 2 (Spring - Summer, 1992): 223-235.
- Herrigel, Eugen. *Zen in the Art of Archery*. New York : Pantheon Books, 1953.
- Hill, Keith. "Improvise Intentionally," blog post 2005:
<http://www.musicalratio.com/gpage1.html13.html>
- Hill, Keith. "Improvise Intentionally, Part II" blog post 2005:
<http://www.musicalratio.com/gpage1.html14.html>
- Holdaway, Mark. *Playing the Sansula: A Guide for Musicians and Non-Musicians*. Tucson, AZ : Mark Holdaway, 2009.
- Horsley, Imogene . "Improvised Embellishment in the Performance of Renaissance Polyphonic Music," *JAMS* 4 (1951): 3-19.
- Hull, Arthur. *Drum Circle Spirit: Facilitating Human Potential Through Rhythm*. Gilsum, NH : White Cliffs Media, 1998.
- Johnston, Chris. *The Improvisation Game: Discovering the Secrets of Spontaneous Performance*. London : Nick Hern Books, 2006.
- Johnston, Chris. *House of Games: Making Theatre from Everyday Life*. London : Nick Hern Books, 1998.
- Juniper, Andrew. *Wabi Sabi: The Japanese Art of Impermanence*. North Clarendon, VT : Tuttle Publishing, 2003.

- Kabat-Zinn, Jon. *Full Catastrophe Living*. New York : Bantam Books, 2013.
- Kanack, Alice Kay with Dr. Sera J. Smolen. *Improvising String Quartets*. New York : Creative Ability Development Press, 2012.
- Kanack, Alice Kay. *Fun Improvisation for Cello: The Philosophy and Method of Creative Ability Development*. Miami, FL : Summy-Birchard Music, 1996.
- Kanack, Alice Kay. *Musical Improvisation for Children: Part of the Creative Ability Development Series*. Miami, FL : Summy-Birchard Music, 1998.
- Kemp, Anthony E. *The Musical Temperament: Psychology and Personality of Musicians*. Oxford : Oxford University Press, 1996.
- Knysh, Mary. *Innovative Drum Circles: Beyond Beat into Harmony*. Millville, PA : Rhythmic Connections Publications, 2013.
- Krause, Bernie. *Wild Soundscapes: Discovering the Voice of the Natural World*. Berkeley, CA : Wilderness Press, 2002.
- Lehrman, Liz and John Borstel. *Critical Response Process: A Method For Getting Useful Feedback on Anything You Make, From Dance to Dessert*. Takoma Park, MD : Dance Exchange, 2003.
- Levitin, Daniel J. *This is Your Brain on Music: the Science of a Human Obsession*. London : Plume, 2006.
- Lieberman, Julie Lyonn. *Improvising Violin*. New York, NY : Huiksi Music, 1995.
- Lieberman, Julie Lyonn. *Planet Musician: The World Music Sourcebook for Musicians*. Milwaukee, WI : Hal Leonard Corporation, 1998.
- Lowe, Robert. *Improvisation, Inc.: Harnessing Spontaneity to Engage People and Groups*. San Francisco : Jossey-Bass/Pfeiffer, 2000.
- Madson, Patricia Ryan. *Improv Wisdom: Don't Prepare, Just Show Up*. New York : Random House, 2005.
- Mather, Betty Bang and David Lasocki. *The Art of Preluding, 1700-1830 : for Flutists, Oboists, Clarinetists, And Other Performers*. New York, N.Y. : McGinnis & Marx Music Publishers, 1984.
- Mather, Betty Bang. *Dance Rhythms of the French Baroque: A Handbook for Performance*. Bloomington, IN: Indiana University Press, 1987.
- Mathieu, W. A. *The Listening Book: Discovering Your Own Music*. Boston, MA :

- Shambhala Publications, 1991.
- Mathieu, W. A. *The Musical Life: Reflections on What it is and How to Live it*. Boston, MA : Shambhala Publications, 1994.
- May, Rollo. *The Courage to Create*. New York, NY : W. W. Norton & Company, Inc., 1975.
- McGee, Timothy J., ed. *Improvisation in the Arts of the Middle Ages and Renaissance*. Kalamazoo, MI : Medieval Institute Publications, WMU, 2003.
- Miller, Lynn. *SpiritArts: Transformation through Creating Art, Music and Dance*. Phoenixville, PA : Expressive Therapy Press, 2013.
- Montello, Louise. *Utilizing Music Therapy as a Mode of Treatment for the Performance Stress of Professional Musicians*. D.A. thesis, New York University, 1989.
- Montfort, Matthew. *Ancient Traditions—Future Possibilities: Rhythmic Training Through the Traditions of Africa, Bali, and India*. Mill Valley, CA : Panoramic Press, 1985.
- Nachmanovitch, Stephen. *Free play : Improvisation in Life and Art*. Los Angeles, CA : J.P. Tarcher, Inc., 1990.
- Nakkach, Silvia and Valerie Carpenter. *Free Your Voice: Awaken to Life Through Singing*. Boulder, CO : Sounds True, 2012.
- Nelson, Robert U. *The Technique of Variation : A Study of the Instrumental Variation from Antonio De Cabezón to Max Reger*. Berkeley : Univ. of California Press, 1948.
- Nettl, Bruno with Melinda Russell, eds. *In the Course of Performance: Studies in the World of Musical Improvisation*. Chicago, IL : University of Chicago Press, 1998.
- Neumann, Fr. *Ornamentation and Improvisation in Mozart*. Princeton, N.J. : Princeton University Press, 1986.
- Nyman, Michael. *Experimental Music: Cage and Beyond*. Second Edition. Cambridge : Cambridge University Press, 1999.
- Oliveros, Pauline. *Deep Listening: A Composer's Sound Practice*. Lincoln, NE : iUniverse, 2005.
- Oliveros, Pauline. *The Roots of the Moment*. New York : Drogue Press, 1998.

- Oliveros, Pauline. *Sonic Meditations*. Northampton, MA : Smith Publications, 1974.
- Oliveros, Pauline. *Sounding the Margins: Collected Writings, 1992-2009*. Kingston, NY : Deep Listening Publications, 2010.
- Olson, Mia. *Musician's Yoga: A Guide to Practice, Performance, and Inspiration*. Boston, MA : Berklee Press, 2009.
- Oshinsky, James. *Return to Child: Music for People's Guide to Improvising Music and Authentic Group Leadership*. Goshen, CT : Music for People, 2008.
- Paton, Rod. *Lifemusic: Connecting People to Time*. Dorset, England : Archive Publishing, 2011.
- Peterson, Lloyd. *Music and the Creative Spirit: Innovators in Jazz, Improvisation, and the Avant Garde*. Lanham, Md. : Scarecrow Press, 2006.
- Pilc, Jean-Michel. *It's About Music: The Art and Heart of Improvisation*. Montrose, CA : Glen Lyon Books, 2012.
- Polk, Keith. *German Instrumental Music of the Late Middle Ages : Players, Patrons, and Performance Practice*. New York : Cambridge University Press, 1992.
- Prendergast, Mark. *The Ambient Century: From Mahler to Trance : The Evolution of Sound in the Electronic Age*. New York : Bloomsbury, 2001.
- Pressing, Jeff. "Improvisation: methods and models" in *Generative Processes in Music: The Psychology of Performance, Improvisation, and Composition* (edited by John A. Sloboda). Oxford : Oxford University Press, 2000.
- Redmond, Layne. *When the Drummers Were Women: A Spiritual History of Rhythm*. New York, NY : Three Rivers Press, 1997.
- Reeves, Scott. *Creative Jazz Improvisation*. Upper Saddle River, N.J. : Prentice Hall, 2001.
- Riveire, Janine, "Using Improvisation as a Teaching Strategy," *Music Educators Journal*, Vol. 92, No. 3, January 2006: 40-45.
- Ross, Alex, "Taking Liberties: Reviving the Art of Classical Improvisation," *The New Yorker*, August 31, 2009.
- Rothenberg, David. *Sudden Music: Improvisation, Sound, Nature*. Athens, GA : University of Georgia Press, 2002.

- Sarath, Edward W. *Improvisation, Creativity, And Consciousness: Jazz as Integral Template for Music, Education, And Society*. Albany, NY : SUNY Press, 2013.
- Sarath, Edward W. *Music Theory Through Improvisation : A New Approach to Musicianship Training*. New York, NY : Routledge, 2010.
- Sawyer, Keith. *Creativity in Performance*. Greenwich, Conn. : Ablex, 1997.
- Schafer, R. Murray. *A Sound Education: 100 Exercises in Listening and Sound-Making*. Ontario, Canada : Arcana Editions, 1992.
- Schafer, R. Murray. *HearSing: 75 Exercises in Listening and Creating Music*. Ontario, Canada : Arcana Editions, 2005.
- Solis, Gabriel and Bruno Nettle, eds. *Musical Improvisation: Art, Education, and Society*. Chicago, IL : University of Chicago Press, 2009.
- Small, Christopher. *Music, Society, Education*. Hanover, N.H. : University Press of New England, 1996.
- Small, Christopher. *Musicking: The Meanings of Performing and Listening*. Hanover, NH : Wesleyan University Press, 1998.
- Small, Christopher. "Musicking: A Ritual in Social Space." A Lecture at the University of Melbourne, June 6, 1995.
<http://www.musekids.org/musicking.html>
- Stevens, Christine. *The Art and Heart of Drum Circles*. Milwaukee, WI : Hal Leonard Corporation, 2003.
- Stevens, Christine. *Music Medicine: The Science and Spirit of Healing Yourself with Sound*. Boulder, CO : Sounds True, 2012.
- Stevens, John. *Search & Reflect*. London : Rockscool, 2007.
- Suzuki, Shunryu. *Zen Mind, Beginner's Mind: Informal Talks on Zen Meditation and Practice*. Boston, MA : Shambhala Publication, 1970.
- Treitler, Leo. "The 'Unwritten' and 'Written Transmission' of Medieval Chant and the Start-up of Musical Notation." *The Journal of Musicology*, Vol. 10, No. 2 (Spring, 1992): 131-191.
- Van Oech, Roger. *A Whack On The Side Of The Head: How You Can Be More Creative*. New York : Business Plus, 2008.
- Watson, Scott. *Using Technology to Unlock Musical Creativity*. New York, NY : Oxford

- University Press, 2011.
- Welwood, A. "Improvisation with found sounds," *Music Educators Journal* 66/5: 72-7.
- Westney, William. *The Perfect Wrong Note: Learning to Trust Your Musical Self*. Pompton Plains, NJ : Amadeus Press, 2003.
- Wigram, Tony. *Improvisation: Methods and Techniques for Music Therapy Clinicians, Educators, and Students*. London ; Philadelphia : J. Kingsley Publishers, 2004.
- Wilding, Christine. *Change Your Life with Emotional Intelligence*. Blacklick, OH : McGraw Hill, 2010.
- Winton-Henry, Cynthia with Phil Porter. *What the Body Wants*. Canada : Northstone Publishing, 2004.
- Wolfe, George. *Motivic Improvisation: A New Approach to Improvising in the Classical Style*. Tucson, AZ : Arizona University Recordings & Publications, 2002.
- Wollner, Gertrude Price. *Improvisation In Music : Ways Toward Capturing Musical Ideas And Developing Them*. Somerville, Mass. : B. Humphries, 1963.
- Wooten, Victor L. *The Music Lesson: A Spiritual Search for Growth Through Music*. New York, NY : Berkley Books, 2006.
- Zimbaro, Philip and John Boyd. *The Time Paradox: The New Psychology of Time That Will Change Your Life*. New York : Free Press, 2008.

Recordings, Videos, Blogs

- Darling, David and Julie Weber. *The Darling Conversations*. Manifest Spirit Music (MSR-075), 2007.
- Paladino, Sascha. *Béla Fleck in Throw Down Your Heart: Béla Fleck Brings the Banjo Back to Africa*. Docurafilms, 2008.
- Rhiannon. *Rhiannon's Interactive Guide to Vocal Improvisation*. Rhiannon Music (RM2012-2), 2012.
- Ken Robinson on How Schools Kill Creativity
http://www.ted.com/talks/ken_robinson_says_schools_kill_creativity
- Stuart Brown on the Importance of Play
www.ted.com/talks/stuart_brown_says_play_is_more_than_fun_it_s_vital.html
- Brené Brown on the Power of Vulnerability

<https://www.youtube.com/watch?v=iCvmsMzIF7o>

<http://improvinsights.com>

The most comprehensive blog/website on classical improvisation. Lots of great links. Created by hornist Jeff Agrell.

The music of these musicians was also important for this research (in no particular order): Hilary Hahn (*Silfra* album), Richard Stoltzman and NEXUS (*Garden of Sounds* album), David Darling, Jen Baker, Paul Horn and NEXUS album, Music for People, Hang Massive, Kristin Norderval, Layne Redmond, Pauline Oliveros, Meredith Monk, Jeffrey Agrell, Arkady Shilkloper, Alex Theory, Brian Eno, Eric Satie, Michael Nyman, Bob Dylan, Blue Dahlia, Philip Glass, Steve Reich, Kronos Quartet, Ravi Shankar, Counting Crows, Jonsi, Sigur Ros, Adele, Dave Matthews Band, Jane Buttars, Zoe Keating, Modest Mouse, The Cranberries, Diana Krall, Samite, Divina Infusino, Jai Uttal and Ben Leinbach, John de Kadt, Christopher of Wolves, Erica Azim, Dumisani Maraire, Glen, Velez, Uakti, The Cure, Depeche Mode, Madonna, Queen, Imogen Heap, U2, Abigail Washburn, Arcade Fire, Beatles, Béla Fleck and the Flecktones, Béla Fleck with Zakir Hussein & Edgar Meyer, Elvis, Explosions in the Sky, Mumford & Sons, Neko Case, Nirvana, Patsy Cline, Radiohead, Regina Spektor, REM, Tracy Chapman, TuneYards, Esbjorn Svensson Trio, Terry Riley, Dixon's Violin, Eric Edberg, Carolyn Koebel, Bobby McFerrin, Silvia Nakkach, FreeK, Murmuration, Rova Sax Quartet, Chris Biggs, Lisa Coons.